

# **Champions of Palliative Care – case study films**

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## Champions of Palliative Care – case study films

### 1.1 Abstract

In resource-limited countries palliative care (end-of-life care) is often a branch of medical provision that is not provided by health services. Palliative care is a relatively new discipline in economically under-resourced countries where it is still taking root within government health services. Consequently, millions of people currently undergo the dying process with no palliative care services, including pain relief. There are three key reasons for this. (1) It is a relatively new discipline even in well-resourced countries like the UK and America, and professional practice has not reached many other countries. (2) Resource-limited communities prioritise life-saving services rather than those that support the dying process, and (3) Funding bodies prefer to invest in life-saving research like cancer, and do not appreciate the huge importance of supporting people through the dying process. In actual fact, it is often said in palliative care circles that death has a 100% prevalence rate – meaning we all die at some point. Unfortunately, in resource-limited communities many people die without effective pain relief. Furthermore, many families sell their houses and use up all their savings to take terminally sick relatives many hundreds of miles in search of a treatment and a cure. Many people die in extreme pain, in the course of such journeys, away from their home. In resource-limited countries, community-based models of health service provision are essential. A major challenge to community-based palliative care is the administration of morphine by community-based field staff which has been viewed with suspicion by many government health departments.

These two case-study films emerged from research that asked an original question, ‘Can global palliative care practices be enhanced through the promotion of ‘champions of change’ filmed case studies?’ The research was conducted in partnership with Professor Max Watson of Project ECHO and Hospice UK. Case studies of effective low-cost palliative care projects, with morphine administration at the grassroot level, were needed to create awareness and confidence within global health administrators and policy makers.

Two case studies were researched and filmed:

**Dr Guyatri – A Champion of Palliative Care in Hyderabad, India,**

<https://vimeo.com/channels/marginalvoices/227597055>





**Hospice Nepal** - A pioneering hospice based in Kathmandu.

<https://vimeo.com/channels/marginalvoices/227597055>



Both of these case study films, each 15 minutes, were made in a participatory manner with their subjects and demonstrate models of urban and rural palliative care practice that is effective and efficient, and a template for wider application across India and Nepal, and in other under-resourced countries globally.

## Impact of Research

Within the key audiences of Government officials, policy-makers and health care professionals, the films have been used to promote the work of palliative care across India and Nepal, with the following outcomes:

- Using the case study films to garner regional government support, the Palliative Care Team in Hyderabad now has extended its reach across the state, and through its Project ECHO work is now engaged in supporting paediatric palliative care programs cross India.
- Using the films as models of good practice, Hospice Nepal has influenced the National Strategy for Palliative Care in Nepal.
- Further distribution through the Two World's Cancer website in Canada has secured funding for the ongoing support and growth of palliative care across India and Nepal. ([www.twoworldscancer.ca](http://www.twoworldscancer.ca))

## 1.2 Presentation at Institute for Health Research 2<sup>nd</sup> Annual Conference, UK

The case studies were presented at the Institute for Health Research Annual Conference in 2019.



**INSTITUTE FOR HEALTH RESEARCH**  
2<sup>ND</sup> ANNUAL CONFERENCE  
9<sup>TH</sup> SEPTEMBER 2019

**Wellbeing**  
addiction education self-harm  
data drugs IHR  
obesity children interventions  
**HEALTH** art  
best start alcohol suicide  
therapeutics  
social prescribing

A showcase of health research undertaken by LJMU researchers and our collaborators  
The conference sessions available throughout the day will showcase the research undertaken at the LJMU Institute for Health research in collaboration with our external partners and stakeholders to better understand and improve the health and wellbeing of people in Liverpool, nationally and internationally.

**Keynote Speakers**  
Dr Inti Qurashi  
Prof. Michael Beresford

**4 Breakout Sessions**  
Social Innovation  
Year of Environment 2019  
Engaging children in research  
Public Participation

Poster session

Lunch included

9am to 4pm  
John Lennon Art & Design Academy

Register for a free ticket at  
Eventbrite  
<https://ihrconference2019.eventbrite.co.uk>

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Conference Programme	
09:00	Registration, refreshments & networking
09:30	Opening remarks Mark Power Interim VC LJMU
<b>Session 1 Chair:</b>	
9.45	Dr Inti Qurashi (Merseycare) Title tbc.
10.15	Dr Pooja Saini (LJMU) Co-production in a UK community based non-clinical service for men in suicidal crisis: Lessons from the field.
10.30	Dr Jim McVeigh (LJMU) Sex, vials and measuring tape
10.45	PHD students Short presentations
11.30	Coffee break
<b>Session 2: Breakout sessions</b>	
Session 1 room tbc	Social Innovation Dr Elaine McNeil and Dr Caroline Brett
Session 2 Room tbc	Year of environment 2019: Health and Wellbeing Dr Colm Bowe
Session 3 room tbc	Thinking outside the box to engage children in research Dr Lorna Porcellato
Session 4 room tbc	Public participation: Pleasures and pitfalls Prof. Zoe Knowles
<b>Lunch and poster session</b> 13.30 to 14.30pm Main Hall	
<b>Session 3 Chair:</b>	
14:30	Prof. Michael Beresford (Liverpool Health Partners) Starting Well
15:00	Prof. Valerie Fleming (LJMU) Liverpool Health Commission: The first 1000 days of life.
15:15	Dr Lynne Boddy (LJMU) Physical activity and health in children: Evidence from the Physical activity exchange
15:30	Dr Michael Brown (LJMU) Participatory film-making within Health Interventions'
15:45	Early Career Researchers Short presentations
16:00	Prof Robin Leatherbarrow Closing remarks and Presentation of prizes

ADVANCING END OF LIFE CARE IN NEPAL – in resource-limited communities

Exploring knowledge, attitudes and behaviors around dying and death in resource-limited communities through participatory film-making

Bringing health professionals together with the community to plan effective and efficient end of life care in resource-limited communities, using an asset-based approach

Documenting actions, evaluating impact and sharing lessons learned with policy-makers



Edition: International > Leadership

**A National Strategy for Palliative Care in Nepal**

Author: Daniel Munday, Consultant in Palliative Care and Health Services Research, International Nepal Fellowship  
 18 March 2016  
 News | Leadership

